



**NJASA Power of Professional Learning Series-Session#8:
"Mental Health Resources for Districts and Parents; Supporting the Growing
Needs of Today's Students"
Tuesday, June 3, 2025/9:25 am-11:00 am
(All registrants will receive a Zoom invitation)
To register for this program, click here: <https://www.njasa.net/Domain/72>**

AGENDA

9:25 am – 9:30 am The meeting will open; Registrants will be admitted into the Waiting room.

9:30 am – 9:35 am Program Overview – Introductions

9:35 am – 11:00 am **Program:**

NJASA will be hosting this open discussion focused upon the importance of understanding the growing needs of our students' mental well-being.

In a 90-minute session focused upon mental health resources for districts and parents, as we try to support our students' mental well-being, participants will gain access to practical tools, strategies, and community-based resources designed to support student mental health.

Drawing from a successful model used with the Monmouth County Schools Partnership for Wellness, the session will include guidance on building effective school-community partnerships, insights on early intervention and prevention, examples of impactful programming from organizations focused on youth mental health

Attendees will explore ways to engage families, create supportive environments, and respond to the increasing anxiety and stress experienced by students today.

Time will be provided for reflection on practices, so be prepared to share your thoughts and scenarios with the presenters.

Presenters: Joseph Isola, Superintendent, Howell Township Public Schools

**Nelyda Perez, NJASA President
Superintendent, Matawan-Aberdeen Regional School District**

11:00 am **Question/Answer Period**

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